

MEDICAL FEMALE 2009

Name:			Unit:		
FEMALE			FEMALE		
Uniform Items	# Req.	Verify	Personal & Hygiene Items	# Req.	Verify
Belt, Black (with silver tip)	1		Anti-fungal Foot Powder	1	
Belt, White, Web (with silver tip)	1		Bug Repellent - NO SPRAY CANS	1	
Bras, White (Regular and Sports)	4		Comb, Hairbrush & Hairpins, hairbands	1	
Buckle, Silver	1		Deodorant (unscented) - NO SPRAY CAN	1	
Combination Cover with device or Beret	1		Feminine Hygiene Supplies	mandatory	
Handkerchiefs, White	4		Sewing Kit	1	
Jumper, Service Dress White	1		Shaving Kit (optional) - NO SPRAY CANS	1	
Neckerchief (if have jumper)	1		Shoe Shine Kit - NO LIQUID POLISH	1	
Panty Hose, Fleshtone (if skirt)	2		Soap and Soap Dish	1	
Raincoat, Black, Military Style	1		Shampoo	1	
Shirt, Dungaree/Utility, Long Sleeve	1		Sunscreen (Min. SPF 15)	1	
Shirt, Dungaree/Utility, Short Sleeve	2		Talcum or Baby Powder	1	
Shoe Laces, Spare, (Tennis & Leather)	1		Toothpaste and Toothbrush	1	
Shoes, Black Leather	1		White Bath Towels	2	
Shoes, Shower	1		White Wash Cloths	2	
Shoes, Tennis	1		Chapstick, Unflavored (tubes)	2	
Shorts, Athletic (Black or Dark Blue)	2		Supplies		
Slacks or Skirt, Service Dress White	1		Ball Point Pens (Black Ink)	4	
Slacks, Dungaree/Utility	3		Canvas or Leather Work Gloves (pair)	1	
Socks, Black	8		Coat Hangers (Plastic)	12	
Socks, White Athletic	6		Flashlight with Second Set of Batteries	1	
Swimsuit, One-piece, Dark Color	1		Key Locks with 2 keys each	2	
T-shirts, Plain White, Crew Neck	6		Laundry Fee \$10.00	\$10	
Underwear, White, Cotton	6		Military Canteen, Cover and Belt	1	
			Paper, Envelopes & Stamps	Req	
			Sea Bag (no suitcases)	1	
			Small Notebook	1	
			Spending Money \$10 min - \$25 max	\$10-\$25	

Cadets are responsible for their own spending money - KEEP IT LOCKED UP!

Black Leather shoes ONLY!!! - Well Broken in - Don't bring new shoes - They will destroy your feet!

No patent leather shoes, corframs, combat boots or boondockers- NO DISCUSSION!

Athletic shoes should be of the type used for running and general calisthenics.

NSCC flashes on all outer garments (except Raincoat), including jumpers & shirts. No rank insignia.

Cadet's last name must be stenciled over right shirt pocket on dungaree/utility shirts & on right hip pocket of dungarees/utility slacks.

Do not cross out previous names, cover with like denim color patches and then stencil your name.

Embroidered lettering on blue name tapes are also acceptable to cover previous names.

All other items will be marked with Cadet's last name & last 4 digits of SSN# on manufacturer's label.

If you wear contacts lens, bring necessary solutions & a pair of regular glasses to wear, as necessary.

Shaving gels such as Edge are allowed

Cadets are reminded **NOT** to bring candy, gum, magazines, weapons or other contraband items.