

POLA: MALE & FEMALE 2010

Name:			Unit:		
Uniform Items	QTY	M/F	Personal & Hygiene Items	QTY	M/F
Ball Cap, NSCC	1	M/F	Anti-fungal Foot Powder	1	M/F
Belt, Black Web (with silver tip)	1	M/F	Bug Repellent - NO SPRAY CANS	optional	M/F
Belt, White Web (with silver tip)	1	M/F	Chapstick, Unflavored (tubes)	1	M/F
Bras, White (Regular and Sport)	6	F	Deodorant - NO SPRAY CANS	1	M/F
Buckle, Silver	1	M/F	Feminine Hygiene Supplies	mandatory	F
Combination Cover	1	F	Hairbrush and/or Comb	1	M/F
Hat, White (Dixie Cup)	1	M	Hairpins / Hairbands (must match hair color)	as req.	F
Jacket, Working (optional)	1	M/F	Sewing Kit	1	M/F
Jumper, Service Dress White	1	M/F	Shampoo / Conditioner	as req.	M/F
Neckerchief, Black	1	M/F	Shaving Kit - as needed	1	M/F
Panty Hose, Flesh Tone (if wearing skirt)	1	F	Shoe Shine Kit - NO LIQUID POLISH	1	M/F
Raincoat, Black, Military Style	1	M/F	Soap and Soap Dish	1	M/F
Sea Bag (no suitcases)	1	M/F	Sunscreen (Min. SPF 15)	1	M/F
Shirt, Dungaree/Utility	3	M/F	Talcum or Baby Powder	1	M/F
Shoes, Black Leather	1 pr	M/F	Toothpaste and Toothbrush	1	M/F
Shoes, Shower	1 pr	M/F	Towel, Bath WHITE	2	M/F
Shoes, Tennis (one pair gets wet)	2 pr	M/F	Washcloth, WHITE	2	M/F
Shorts, Athletic (Black or Dark Blue)	2	M/F	Supplies		
Slacks or Skirt, Service Dress White	1	F	Ball Point Pens (Black Ink)	2	M/F
Slacks Dungaree/Utility	3	F	Camera, Inexpensive or disposable	optional	M/F
Socks, Black (crew length, no anklets)	6	M/F	Canvas or Leather Work Gloves (pair)	1	M/F
Socks, White Athletic (no anklets)	6	M/F	Coat Hangers (Plastic)	10	M/F
Swimsuit, Dark Color (one-piece females)	1	M/F	Flashlight with Second Set of Batteries	1	M/F
Trousers, Dungaree/Utility	3	M	Laundry Bag or Pillow Case for dirty clothes	1	M/F
Trousers, Service Dress White	1	M	Locks, Keyed with 2 keys each	2	M/F
T-Shirts, Plain White, Crew Neck	6	M/F	Military Canteen, Cover and Belt	1	M/F
Undershorts, White, Cotton	6	M	Paper, Envelopes & Stamps	mandatory	M/F
Underwear, White, Cotton	6	F	Spiral Notebook, 1 subject w/binder holes	1	M/F
BDU (Woodland) Shirt	2	M/F	Spending Money, \$25 min.	as req.	M/F
BDU (Woodland) Trousers	2	M/F	Wristwatch, plain and inexpensive	1	M/F
BDU Cover	1	M/F			
T-Shirts, Plain Dark Green, Crew Neck	2	M/F			
Boots, Combat, Black	1 Pr	M/F			

Important Information & Notes

Cadets are responsible for their own spending money - KEEP IT LOCKED UP!

- Athletic shoes should be of the type used for running and general calisthenics.
- NSCC flashes on all outer garments (except Raincoat), including jumpers & shirts.
- Cadet's last name must be stenciled or name taped over right shirt pocket on dungaree/utility shirts & on right hip pocket of dungaree/utility slacks. USNSCC must be stenciled or name taped over left shirt pocket
- Do not cross out previous names, cover with like denim color patches and then stencil your name.
- Embroidered lettering on blue name tapes are also acceptable to cover previous names. Go to 1800nametape.com
- All other items will be marked with Cadet's last name & last 4 digits of SSN# on manufacturer's label. Use permanent marker**
- Athletic Shorts are to be mid thigh length or longer. NO "short shorts"
- If you wear contacts lens, bring necessary solutions & a pair of regular glasses (mandatory).
- Shaving gels such as Edge are allowed
- Cadets are reminded NOT to bring candy, gum, magazines, electronics, weapons or other contraband items.**
- Male cadets with non-regulation hair will receive a haircut at the beginning of training at a cost to you of \$5.00
- Female cadets will be required to adhere to NSCC regulations for proper hair management.