

SCUBA SCHOOL SEABAG LIST – FEMALE 2010

Name:			Unit:		
Uniform Items	Qty	Verify	Personal & Hygiene Items	Qty	Verity
Belt, Black Web w/silver tip	1		Foot Powder, Anti-fungal	1	
Belt, White, Web w silver tip	1		Bug Repellent (non aerosol)	1	
Buckle, Silver	1		Sunscreen, Water proof, SPF 30	1	
Combination Cover w/ Device	1		Chapstick	1	
Jumper, Dress White	1		Deodorant, (non aerosol)	1	
Slacks or Skirt Dress White	1		Sewing Kit	1	
Neckerchief, Black	1		Feminine Hygiene Supplies	1	
Shirt, Dungaree, Long sleeve	3		Shoe Shine Kit (no liquid polish)	1	
Trouser, Utility	3		Soap and Soap Dish	1	
Underwear, White cotton	6		Toothpaste and Toothbrush	1	
T-shirt, Plain, Crew neck, White cotton	6		Talcum or Baby Powder	1	
Socks, Black, Crew length	6		Towel, Bath, White	2	
Socks, White, Athletic	6		Towel, Extra Large (Beach), Plain	2	
Pantyhose, Flesh tone if wearing skirt	1		Washcloth, White	2	
Shoes, Black leather*	1		Canteen, Military	1	
Shoes, Tennis	1		Canteen Cover and Belt	1	
Sandals. Beach	1		Flashlight, Military style	1	
Shower Shoes	1		Spare Batteries for Flashlight	2	
Shoe Laces, Spare (Tennis & Dress)	1		Lock w/ 2 keys	1	
Shorts, Athletic, Black or Dark Blue	1		Pen, Ballpoint, Black ink	4	
Swimsuit, Plain, Dark color, 1 piece	2		Small Notebook	1	
Jacket or Windbreaker, Black or Blue	1		Laundry Fee - \$ 10.00		
Raincoat, Military style, Black	1		Spending Money \$ 10.00 - \$ 25.00		
Glove, Work, Leather or canvas, pair	1		Stationery and Postage Stamps		
			Coat Hangers, Plastic	12	
			Hairpins, Hair bands, must match hair color		

1. No aerosol containers are permitted.
2. Polymeric (Corfam-type) shoes are not permitted
3. Athletic shorts are to be mid-thigh length or longer.
4. If you wear contact lenses, bring necessary solutions and a pair of glasses.
5. All flashes and name tapes required by NSCC Uniforms Regulations must be on outer garments except raincoats. All items must be marked with cadet's name and last 4 digits of SSN on manufacturer's label or inside waistband.
6. Do not bring candy, gum, weapons, or expensive items. Personal communications devices must be surrendered upon check in and will be returned at check out.
7. Cadets will be required to obtain certain pieces of personal dive equipment (mask, snorkel mouthpieces, etc) for hygiene and safety reasons. These will be available for purchase on the first day of training. MASKS AND FINS DESIGNED FOR SNORKELING ARE NOT SUITABLE FOR SCUBA.